

Shaker Figure Skating Club 2018 Fall Contract

Monday, August 20 through Friday, December 21, 2018

Shaker FSC is pleased to announce that we will continue touse ENTRYEEZE for contracting ice for the Fall 2018 contract. Please go to

https://comp.entryeeze.com/Membership/Welcome.aspx?cid=219 and log into your member account and choose the CONTRACT ICE tab to begin registering for sessions for Fall 2018 sessions.

PLEASE NOTE:

- ♦ An Early Bird Discount of \$10 will be given to all skaters that contract at least 2 hours of ice time per week prior to August 15. This is for ice time only and does not include clinics. (this will be given as a credit)
- ♦ A discount of \$20 will be given to any skater contracting **more than 4 hours of ice time per week** by September 4. This is for ice time only and does not include clinics. (this will be given as a credit)

This contract is for reference ONLY. <u>Please register online</u> for ALL Fall 2018 contract packages. Contact Christine Wolken at <u>sfsciceadmin@gmail.com</u> with questions

MORNINGS

DAY	SESSION	LEVEL		# WKS	FEE	SUBTOTAL
Monday	6:00 – 6:30 am	Open			Any 1: \$108	
	6:30 – 7:00 am	Open		18	Any 2: \$216	
	7:00 – 7:30 am	Open			Any 3: \$324	
	7:30 – 8:00 am *	Jr Club/Open			All 4 - \$432	
Tuesday	6:00 – 6:30 am	Open		18	Any 1: \$108	
	6:30 – 7:00 am	Open			Any 2: \$216	
	7:00 – 7:30 am	Open			Any 3: \$324	
	7:30 – 8:00 am *	Jr Club/Open			All 4 - \$432	
Wednesday	6:00 – 6:30 am	Open		18	Any 1: \$108	
	6:30 – 7:00 am	Open			Any 2: \$216	
	7:00 – 7:30 am	Open			Any 3: \$324	
	7:30 – 8:00 am *	Jr Club/Open			All 4 - \$432	
Thursday	6:00 – 6:30 am	Open			Any 1: \$102	
	6:30 – 7:00 am	Open		1.7	Any 2: \$204	
	7:00 – 7:30 am	Open		17	Any 3: \$306	
	7:30 – 8:00 am *	Jr Club/Open			All 4 - \$408	
Friday	6:00 – 6:30 am	Open			Any 1: \$108	
	6:30 – 7:00 am	Open		10	Any 2: \$216	
	7:00 – 7:30 am	Open		18	Any 3: \$324	
	7:30 – 8:00 am *	Jr Club/Open			All 4 - \$432	

AFTERNOONS, EVENING & SATURDAY

DAY	SESSION	LEVEL	V	# WKS	FEE	SUBTOTAL
Monday	4:45 – 5:45 PM	Jr Club/Open		17	\$204	
	5:45 – 7:15 PM	High		17	\$306	
	6:00 – 6:45 PM	Ballet		17	\$170	
Wednesday	4:45 – 5:45 PM	Jr. Club/Open		17	\$204	
	5:45 – 7:00 PM	Open		17	\$255	
	7:00 – 7:30 PM	Silver Clinic		14	\$168	
Thursday	7:00 – 8:00 PM	Open		15	\$180	
(Choose one option only)	7:00 – 8:30 PM*	Open		15	\$255*	
Friday	4:45 – 5:15 PM	Bronze Clinic		16	\$192	
	5:15 – 6:15 PM	Jr. Club		17	\$204	
Saturday	10:00 – 10:45 AM	Strength		15	\$150	
	11:00 – NOON	Open		16	\$192	
	NOON - 1:00 PM	Open		16	\$192	

*Thursday—if you contract the entire session, 7:00-8:30pm, you receive a discount (\$15 per week instead of \$18 per week)

Levels: High-Juvenile Freeskate and above **Jr. Club-**No Freeskate test through Pre-Juvenile FS **Open-**Pre-Pre Moves or approval of Safety Committee

Pay 1/3 of total if total is \$350 or more. If total is less than \$350, pay full amount now. Subsequent payments due October 1, 2018 and November 12, 2018

On-Ice Clinics

Bronze Clinic

Instructor: Ryan Zeltner Fridays 4:45 - 5:15 pm Prerequisite: *None*

This program is designed for the skater who has not yet taken his/her Pre-Juvenile Moves test. The clinic focuses on learning stroking technique, developing power, and improving edge quality. It may be beneficial for skaters to repeat the clinic until they pass the Pre-Juvenile Moves test.

This clinic is a great way for your skater to get comfortable on a session with other skaters. In addition to learning techniques, skaters learn how to become aware of other skaters on the ice, how to work together in a group, and general ice etiquette.

The clinic is followed each week by a one hour a Junior Club session. Skaters are encouraged to also contract for this session to practice what they have just learned in the clinic. For those skaters who do not want to contract for the entire session, SFSC offers punch cards. The \$70 (home club) card is good for 10, 30-minute sessions. To purchase a card, see the ice monitor.

Ryan passed her USFS 7th Figure and Junior Freestyle test. She has a Master's Degree in Education. If enrollment numbers permit, *Franklyn Singley* will be added as an additional instructor.

Silver Clinic

Instructor: Kristy Brickel Wednesdays 7:00 - 7:30 pm

Prerequisite: Pre-Juvenile Moves test **OR** enrolled in 6th grade or over and Preliminary Moves

This on-ice clinic will focus on the components elements of the IJS judging system which includes five areas: *Skating Skills, Transitions, Performance and Execution, Choreograph, and Interpretation.*

The main components we will work on will be Skating Skills and Transitions, but we will also blend in the other components thorough the sessions.

Skating Skills refers to overall skating quality: edge control and flow over the ice surface demonstrated by a command of the skating vocabulary (edges, steps, turns, etc), the clarity of technique, and the use of effortless power to accelerate and vary speed. Transitions refers to the varied and/or intricate footwork, positions, movements, and holds that link all elements. In singles, pairs, and synchronize skating this also includes the entrances and exits of technical elements. Home club skaters who have passed their Senior Moves test may walk-on to the clinic at no charge if space permits.

Kristy is a triple gold medalist in moves in the field, supplemental moves, and freestyle. She has over 19 years of experience and has coached regional and national collegiate skaters. She specializes in stroking and power, moves, and freestyle.

Off-Ice Clinics

Strength and Stretch Class

Instructor: Daria Classen Saturdays 10:00 – 10:45 am

Prerequisite: None

This class is for all skaters regardless of dance experience. It will combine ballet, yoga and Pilates to strengthen, lengthen, and help further develop artistry on the ice. Substitute instructors will be used when the instructor is unavailable. Daria is a PSA master-rated professional in freestyle and choreography. She is a double gold medalist and prior to her coaching career she toured as a Principal skater with *Ice Follies*. In addition to her many years of coaching experience, Daria is certified in both yoga and Pilates, and has taught ballet for over twenty years.

Ballet for Figure Skaters

Instructor: Daniel Cho Mondays 6:00 pm - 6:45 pm

Prerequisite: *None*

This class is a ballet/conditioning program that will help skaters achieve a higher level of success on the ice. Ballet is an integral part of figure skating. The stronger a skater is off the ice with respect to understanding and achieving body alignment, core strength, flexibility, and fluid movement on the floor, the better a skater will become.

Daniel is from San Francisco, California, and holds a BA special major in Dance and Education from Swarthmore College. He received his training from Point Park Conservatory, the Laban Conservatoire in London, the Ballet X Summer Intensive, the San Francisco Conservatory of Dance and the Coastal City Ballet in Vancouver, British Columbia. Daniel is a recent graduate of the Alonzo King LINES Ballet Training Program, where he had the pleasure of performing works by Alonzo King, Angela Dice Nguyen, Sidra Bell, Shannon Gillen, Alex Ketley, Gioconda Barbuto, Maurya Kerr, and Gregory Dawson. He is thrilled to be joining Verb Ballets as an apprentice for the 2018-19 season.

SHAKER FIGURE SKATING CLUB

POLICY GUIDELINES FOR THE FALL 2018 CONTRACT

Monday, August 20, 2018 through Saturday, December 21, 2018

PLEASE KEEP FOR FUTURE REFERENCE

Coaches

♦ All skating professionals coaching your skater on Shaker Figure Skating Club ice must have a current contract approved with the Club or permission from a SFSC Board officer. Only skaters in the Bronze Clinic are permitted to participate without having chosen a skating professional.

Contracts

- Contracts must be registered though Entryeeze <u>by Wednesay, August 15, 2018</u> to maintain your priority. This priority is based on years of seniority in the Club and is used for all Club activities.
 - 1st priority Home Club members in good standing
 - 2nd priority Associate Club members in good standing
 - 3rd priority All Others
- ◆ An Early Bird Discount of \$10 will be given to all skaters that contract at least 2 hours of ice time prior to August 15. This is for ice time only and does not include clinics. (this will be given as a credit)
- ◆ A discount of \$20 will be given to any skater contracting more than 4 hours of **ice time** by September 3. This is for ice time only and does not include clinics. (this will be given as a credit)
- ♦ Contract changes will be allowed through Monday, September 3, 2018. After this date, there will be a \$20.00 charge to add ice sessions to your contract. Cancellations cannot be processed after September 3, 2018. To keep the disruption of schedule changes to a minimum, consult your skating professional before sending in your contract.

Contract Changes

- The contract prices reflect the following changes:
 - ♦ Wednesday, September 19 no Silver Clinic, converts to open ice
 - ♦ Thursday September 27 no afternoon due to Regionals Preview
 - ♦ Wednesday, October 17 no Silver Clinic, converts to open ice
 - ♦ Saturday, October 27 no Strength and Stretch
 - ♦ Wednesday, October 31 no Silver Clinic, coverts to open ice
 - ♦ Wednesday November 21 no Silver Clinic, converts to open ice
 - ♦ Thursday, November 22 (Thanksgiving) no ice
 - ♦ Friday November 23 no Bronze clinic, converts to open ice
 - ♦ Saturday November 24 no Strength and Stretch
 - Saturday, December 8 no ice or Strength and Stretch due to SFSC Holiday Show.
 - ♦ All afternoon sessions between Monday, December 17 and Friday, December 21 no afternoon ice, on-ice clinics or off-ice clinics due to hockey. Morning sessions are as scheduled.

Delinquent Accounts

◆ Ice bills are due on **October 1, 2018 and November 12, 2018.** If you need to make alternate payment arrangements, please contact the Ice Administrator, Christine Wolken, sfsciceadmin@gmail.com. Delinquent accounts may result in a loss of ice privileges, competition privileges, and/or testing privileges. All fees for NSF checks will be charged back to the skaters account. PLEASE MAKE PAYMENTS THROUGH ENTRYEEZE USING THE INSTALLMENTS TAB.

Long-term Illness

Any illness or injury which precludes skating requires a letter from a non-family medical authority. <u>This letter must be received within two weeks of the onset by the Club Administrator</u> and is subject to review by the Board prior to a refund. Long term is the loss of any ice time longer than two-week duration

Make Up Policy

- ♦ Skaters who contract ice will be allowed to make up missed sessions. Attendance will be taken by monitors and a record will be kept in the monitor book. Partial credit will not be given − a skater must have been absent for the entire session to be counted for make up. Missed sessions will be banked in minutes.
- ◆ To make up a missed session, there must be room to walk on to the session and the skater must be the correct level for the session.

- ♦ Make ups may not be used for off-ice classes, i.e. Strength and Stretch, Conditioning, Ballet
- Skaters contracting off-ice clinics will be permitted to request a credit for up to 2 missed classes for each contracted off-ice class that will be applied to the following contract period.
- ♦ Siblings who are contracted for ice time may share make-up time. The skater wishing to use a sibling's make-up time must also be contracted for ice time.
- ♦ All make-up time must be used prior to December 21, 2018. Any make-up time not used by that time will be forfeited.

Monitors

- ♦ The monitor is responsible for playing music, taking attendance, and collecting walk-on fees. To request a monitor position, email your request to Miki Graben, mikilgraban@gmail.com no later than August 15, 2018. For a more complete description of the monitor's responsibilities, contact Miki Graban.
- ♦ Afternoon, evening and Saturday monitors receive 50% credit of the contract price. Morning monitors receive 25% credit, applied to a maximum of one hour of ice time. (Although the morning sessions are 2 hours, monitors can only receive credit equivalent to one hour of monitoring.)
- ♦ Credits for monitoring are posted to the skater's account at the end of the contract period and can be used no later than the following contract period. Under no circumstances will the Club reimburse in cash. A monitor's responsibilities must be fulfilled to the Board's satisfaction. If you are unable to be at a session, it is your responsibility to find a substitute from the list of monitors available to substitute compiled at the beginning of each contract period.

New Skaters and Open Sessions

♦ Any skater who has not yet passed Pre-Preliminary Moves or USFS Basic Skills Freestyle Level 5 must be observed by the SFSC Member/Safety committee and receive approval before they may contract or walk on to an Open Session. Contact Steven Wolkin, 216-321-5533 or sew454@aol.com, to schedule an observation.

Clinics

• On-ice clinics may be changed to freestyle sessions and off-ice clinics may be cancelled in the event of low enrollment. The decision to change sessions will be determined after the two week period allowed for schedule changes. If clinics are cancelled, those signed up will be notified by the ice administrator and be allowed to make changes to their schedule without penalty.

Payments

- ◆ PLEASE MAKE PAYMENTS THROUGH ENTRYEEZE
- ♦ Contact Christine Wolken, Ice Adminstrator sfsciceadmin@gmail.com to make alternate arrangements if needed. This will be handled on a case by case basis.

Punch Cards

- Punch cards with ten 30-minute punches are available from the monitor for \$70 for club members and \$75 for non-members.
- ♦ The club also offers punch cards for off ice-classes. Punch cards for 6 off-ice classes are available from the monitor for \$66 dollars for club members and non-club members.
- ♦ You can opt to use 2 punches from your ice punch card to pay for an off-ice class. Ice make-up time cannot be used for off-ice classes.
- ♦ For either punch card, payment must be made by check or money order cash is not accepted. Any fees for returned checks will be charged to the skater. Home club members may charge the punch card to their Entryeeze account. The cost via Entryeeze is \$72 plus a processing fee.
- ♦ Lost or misplaced punch cards will not be replaced.

Testing

◆ The dates are still being determined. They will be posted on the Club's website (<u>www.shakerfsc.org</u>) once they are available.

Walk-on Fees

◆ Walk-on fees are \$15 per hour for home club and associate members and \$17 for non-club skaters. Fees must be paid at the time of walk-on. Payment must be made by check or money order − **cash is not accepted.** Any fees for returned checks will be charged to the skater. Home club and associate members may charge the session to their account for a \$2.00 billing fee per session.

Cell Phone Use

♦ Cell phone use while skating on the ice is prohibited due to safety concerns. Skaters can use cell phones to record skating elements by placing phone on the boards. Skaters are not permitted to use their phones to record, call, or text while skating.

2017-2018 Board of Trustees

Position	Name	Phone #	Email
President	Miki Graban	216-215-1977	mikilgraban@gmail.com
Vice President	Erika Leiken	216-346-1936	egfriedman@hotmail.com
Secretary		941-376-9256	sfscsecretary@aol.com
Treasurer	Meredith Glazer	216-406-1631	meredithglazer@gmail.com
Trustee	Alyssa Rukin	216-235-7017	alyssarukin@aol.com
Trustee	Alicia Munn	216-403-8461	mmunn@gmail.com
Trustee	Julie Leeson	216-921-7654	julie_leeson@yahoo.com
Trustee	Steve Wolkin	216-321-5533	sew454@aol.com
Trustee	Debra Hollander	216-789-9148	dhollander14@gmail.com
Trustee	Stacey Krantz	216-789-2487	skrantz@sbcglobal.net
Trustee	Brooke Mitro	216-952-7870	brook46717@gmail.com
Pro Trustee	Graziella Tasca	440-341-1773	gatsca13@jcu.edu

Club Administrators and Committee Chairs

Cido Hammistrators and Committee Charis						
Position	Name	Phone #	Email			
Ice Administrator	Christine Wolken	216-577-6628	sfsciceadmin@gmail.com			
Membership	Debra Hollander	216-789-9148	dhollander14@gmail.com			
Testing	Erika Leiken	216-346-1936	egfriedman@hotmail.com			
	Lisa Berns	216-789-7244	lisarberns@gmail.com			
Webmaster	Alyssa Rukin	216-235-7017	alyssarukin@aol.com			
OHHS Comp	Stacey Krantz	216-789-2487	ohhscompetition@gmail.com			
	Lauren Rivchun	216-727-8600	ohhscompetition@gmail.com			
Bulletin Board	Alicia Munn	216-403-8461	aliciaamunn@gmail.com			